

Helsinki SWIM MEET

1st – 2nd April 2019
HELSINKI, FINLAND



@ Mäkelänrinne Swimming Center

Venue of European Championships 2000 and 2006,
European Junior Championships 2010 and 2018

Total Prize Money 25.000 €
A and B Finals

UIMALIITTO
SIMFÖRBUNDET AQUATICS FINLAND

Program

DAY 1 Monday 1st April

Men	100 m	Free	Heats + B/A-Final
Women	200 m	Free	Heats + B/A-Final
Men	50 m	Breast	Heats + B/A-Final
Women	100 m	Breast	Heats + B/A-Final
Men	400 m	Indiv. Medley	Heats + B/A-Final
Women	100 m	Fly	Heats + B/A-Final
Men	100 m	Back	Heats + B/A-Final
Women	50 m	Back	Heats + B/A-Final
Men	200 m	Fly	Heats + B/A-Final
Women	200 m	Indiv. Medley	Heats + B/A-Final
Men	400 m	Free	Heats + B/A-Final
Women	50 m	Free	Heats + B/A-Final
Men	200 m	Breast	Heats + B/A-Final
Women	200 m	Back	Heats + B/A-Final
Men	50 m	Fly	Heats + B/A-Final
Women	800 m	Free	Timed Final

9:00 FASTEST SEEDED HEATS

11:30 SLOW HEATS

16:45 B-FINALS

18:30 A-FINALS

DAY 2 Tuesday 2nd April

Women	100 m	Free	Heats + B/A-Final
Men	200 m	Free	Heats + B/A-Final
Women	50 m	Breast	Heats + B/A-Final
Men	100 m	Breast	Heats + B/A-Final
Women	400 m	Indiv. Medley	Heats + B/A-Final
Men	100 m	Fly	Heats + B/A-Final
Women	100 m	Back	Heats + B/A-Final
Men	50 m	Back	Heats + B/A-Final
Women	200 m	Fly	Heats + B/A-Final
Men	200 m	Indiv. Medley	Heats + B/A-Final
Women	400 m	Free	Heats + B/A-Final
Men	50 m	Free	Heats + B/A-Final
Women	200 m	Breast	Heats + B/A-Final
Men	200 m	Back	Heats + B/A-Final
Women	50 m	Fly	Heats + B/A-Final
Men	800 m	Free	Timed Final

9:00 FASTEST SEEDED HEATS

11:30 SLOW HEATS

16:45 B-FINALS

18:30 A-FINALS

Prize Money

Medals

Gold	300 €
Silver	150 €
Bronze	100 €

Best performers Open

1st FINA-points	1.500 €
2nd FINA-points	1.000 €
3rd FINA-points	500 €

Best performers Juniors

1st FINA-points	400 €
2nd FINA-points	200 €
3rd FINA-points	100 €

Be there!

Stay tuned for more info about accommodation, registrations and time standards!
For further inquiries please contact: helsinki.meet@uimaliitto.fi