



Preliminary invitation

**Open Norwegian Masters
Championships Swimming**

in Stavanger, Norway

12 - 14 March 2010



Scandic

With the approval of the Norwegian Swimming Federation you are hereby invited to the Open Norwegian Masters Championships Swimming in Stavanger, Norway.

Date: 12-14 March 2010

Place: Stavanger Swimming pool, Stavanger, Norway

Pool size: 25 meters, 6 lanes, and the water temperature is approximately 26 C.

The championship yearly attracts more than 400 participants, and it is open also for foreign participants.



Introducing Stavanger

The Stavanger region offers a range of scenic attractions. And everything is within reach whether you want to experience beautiful fjords, majestic mountains or the open sea. A trip to Lysefjorden is a must when visiting the Stavanger region. Here you can experience the famous mountains [Preikestolen](#) and [Kjerag](#).

The Stavanger region also offers a number of cultural experiences. It is a lively and colourful region which offers a range of unique cultural experiences whether you are interested in historic monuments, interesting museums or innovative architecture. Come and experience why the Stavanger region was chosen as European Capital of Culture in 2008!

General information about Stavanger

Information about the city of Stavanger is found here: www.regionstavanger.com

Contacts

Don't hesitate to contact us! It is easiest to contact us by e-mail:

May.Karin.Gismervik@ras.rl.no To ensure you get additional information when it's ready you could enroll to the mailing list by sending an e-mail to:
geir.patursson@lyse.net.

About the competition

Stavanger Svømmehall is considered to be one of the fastest pools in Norway and has been the place for several international swimming events.

The events, which are subject to change, will be the following:

Individual events	Relays
50 freestyle	4x50 medley
100 freestyle	4x50 freestyle
400 freestyle	4x50 breast Mix
1500 freestyle	4x50 medley Mix
50 butterfly	4x50 freestyle Mix
100 butterfly	
200 butterfly	
50 breast	
100 breast	
200 breast	
50 backstroke	
100 backstroke	
100 medley	
200 medley	

The event order will be decided closer to the championships. All events will be swum in standard Masters age groups according to FINA Masters rules.

BANQUET / GET TOGETHER PARTY

Saturday evening there will be a big banquet / get together party in Stavanger Hall at **Clarion Hotel Stavanger**. More information will come later.

ACCOMODATION

There are negotiated masters friendly prices for the event at the following hotels:

Clarion Hotel Stavanger (hotel for the banquet)

Thursday 11 March – Friday 12 March 2010

Single rooms: NOK 1290,- including breakfast

Double rooms: NOK 1390,- including breakfast

Friday 12 March – Sunday 14 March 2010

Single rooms: NOK 795,- per night including breakfast

Double rooms: NOK 895,- per night including breakfast

Phone: +47 51 50 25 27, or e-mail to: hege.rudshaug@choice.no

Use the following reference: **120747**

Comfort Hotel Stavanger

Friday 12 March – Sunday 14 March 2010

Single rooms: NOK 750,- per night including breakfast

Double rooms: NOK 850,- per night including breakfast

Phone: +47 51 20 14 00, or e-mail to: booking.stavanger@choice.no

Use the following reference: **56137**

Radisson SAS Royal Hotel

Thursday 11 March – Friday 12 March 2010

Single rooms: NOK 1295,- including breakfast

Double rooms: NOK 1395,- including breakfast

Triple rooms: NOK 1595,- including breakfast

Friday 12 March – Sunday 14 March 2010

Single rooms: NOK 795,- per night including breakfast

Double rooms: NOK 895,- per night including breakfast

Triple rooms: NOK 1095,- per night including breakfast

Use the following reference: **1003SVØM11**

Phone: +47 51 76 60 00.

All hotels are located within 3 minutes walking distance from the swimming pool.

***Welcome to Stavanger and the
Open Norwegian Masters Championships
12 – 14 March 2010***